A LETTER FROM OUR PRESIDENT

This spring is an exciting time for BID–Needham. We are proud to have become a part of Beth Israel Lahey Health (BILH). Across Eastern Massachusetts, we have joined nearly 35,000 employees, to create the state’s newest health care system. Together, the new system includes eight excellent community hospitals, including BID–Needham; four world class academic medical centers and teaching hospitals; two specialty hospitals including a premier orthopedics hospital and behavioral health hospital; 4,300 physicians—including 800 primary care physicians; and 9,000 nurses; all working together to make you healthier.

You may have noticed our logo has changed—we know that our previous logo held a great deal of meaning to many of our supporters. I am confident that this new symbol will soon hold the same meaning as you learn about who we are becoming and what our new system offers. The logo triad represents three of the core intersecting elements of the BILH vision: care delivery, education and discovery, and system integration.

On May 3, we reveal the new logo on the new Outpatient Clinical Center, a substantial undertaking that has spanned several years and involved nearly every employee and clinician across our organization. The center builds on our existing strengths and growing service lines such as cardiology, gastroenterology, neurology and orthopedic care, among others. Outpatient services have grown nearly 30% in the past six years and we see continued growth and demand from our community. As we celebrate the opening and welcome the first patients, it is gratifying to be among our outstanding team and the great community of supporters who have made this center possible.

Samantha Sherman
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Design:
kor group, Boston
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Beth Israel Deaconess Hospital
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facebook.com/bidneedham
@bidneedham

To sign up for the electronic version of this newsletter and receive e-communications from the hospital, visit www.bidneedham.org/signup or email marketing@bidneedham.org.

A LETTER FROM OUR CHIEF DEVELOPMENT & EXTERNAL RELATIONS OFFICER

The grand opening of the Outpatient Clinical Center marks an important occasion for BID–Needham and an opportunity to look back and thank those of you who stepped forward with your enthusiastic and generous support. I am so proud to be a member of this community and this hospital, and I know so many of you feel the same way. Over the past seven years to date, we have been the grateful recipients of over $16 million, from thousands of donors. This demonstrates the confidence and commitment our community has in our future.

It is an honor to celebrate all of the donors to the Outpatient Clinical Center, including the Levine family, who recently gave a major gift in honor of Dr. Joseph Kannam, their long-time friend and physician. In this issue, we spotlight the Levine family, including Donald and Barbara, alongside their son Bruce, a member of the BID–Needham Board of Advisors.

We also celebrate the Trotman Family during the grand opening with a dedication of the bridge that connects the hospital to the new center, as well as the new Christoph and Susan Hoffmann Center for Digestive Health. To everyone who supported us with donations, time, expertise and ideas, we thank you for making Needham a health care destination and broadening access to care for our community.

As we begin a new chapter within the new Beth Israel Lahey Health system, we can assure you that your health care will remain as excellent as always. We have an even greater opportunity to make a difference in our patients’ lives and do more for those who need us and for the communities we serve.

Samantha Sherman
Chief Development & External Relations Officer
Anne Riley, MD, FACC  
Cardiologist and President of the Medical Staff at BID–Needham

What inspired you to go into cardiology?

From very early on in medical school, I was drawn to the heart. I still remember the day I listened to a patient's heart for the first time in an early patient-physician class. I was amazed at how much we as physicians were able to do for patients with cardiac disease. We are able to offer therapies that are, quite simply, life-changing and life-saving for so many people.

As the new president of the medical staff, what are you looking forward to accomplishing?

In essence, my job is to keep my finger on the pulse of the physicians and then give them a voice in the hospital, so they can better focus on the job of caring for their patients. One of the first opportunities to do this is with the opening of the new Outpatient Clinical Center. It's a great time to evaluate the workings of the outpatient clinics and make sure they are running optimally for patient and physician satisfaction.

Why did you choose BID–Needham to practice?

BID–Needham is truly a gem of a hospital—we have staff here that consistently impress patients with their kindness, compassion and quality care. It feels like everybody cares, because they do, and patients can sense that. I'm constantly being told by patients what a great experience they have had in the hospital, in oncology, in medical day procedures, in surgery (to name a few), and how glad they are to have this hospital so close to home.

You recently started a blog called Heart to Heart. What inspired you to do this?

I have seen many patients, particularly women, ignore their own health because they are busy taking care of everyone else in their lives. They put themselves last, and they suffer for it. I want to be a voice that says, Hey, you matter. Your health matters. I understand where you are coming from, because I deal with a lot of the same things you do. And I want to help you take care of your heart and your health.

As a member of the hospital and a resident of Wellesley, do you enjoy being a part of the community that you also practice in?

I find being a physician in my own community very satisfying. I see my patients all over the place in my day-to-day wanderings about town—at the grocery store, the gym, local restaurants. I love being able to share in the excitement of the hospital's growing women's networking group. There are so many people from the community interested in making the hospital the best it can possibly be—from local businesses, to the dedication of our board members, to the Needham residents who wouldn't miss the Needham gala for anything. The community adds to the satisfaction of practicing at BID–Needham, knowing that all these people are rooting for the strength and excellence of your workplace.

To read Dr. Riley’s blog, Heart to Heart, visit bidneedham.org/heartblog.

“I have seen many patients, particularly women, ignore their own health... They put themselves last, and they suffer for it. I want to be a voice that says, Hey, you matter. Your health matters...”

— ANNE RILEY, MD, FACC  
CARDIOLOGIST AND PRESIDENT OF THE MEDICAL STAFF AT BID–NEEDHAM

for 100 years we’ve been serving the community. now we’ll be able to do even more.

We’re proud to be part of Beth Israel Lahey Health, a new health care system measuring success by the difference we can make in people’s lives.
Opening in May 2019, the new Outpatient Clinical Center represents a significant advancement for BID–Needham, and builds on the existing strengths of the hospital in outpatient services. The four-story, 37,000-square-foot facility significantly broadens the scope and depth of services patients can receive in a convenient setting.

This May, the hospital opens doors to a new center for outpatient services—ranging from cardiology, endocrinology, gastroenterology, nephrology, neurology, orthopedics and surgical specialties.

“With the vision we’ve already set into motion, our new state-of-the-art Outpatient Clinical Center is one more way that we are building a bridge to the future, ensuring that the future of care always happens right here in Needham,” says John M. Fogarty, president of BID–Needham.

The design of the center facilitates state-of-the-art care in a contemporary and patient-centered work space for physicians and staff. The new space will allow BID–Needham to accommodate demand for quality outpatient care, and create space in the existing hospital for rising needs for inpatient care.

The building also includes a high-capacity Conference Suite equipped with the latest technology in three flexible rooms that can be combined for events, educational sessions and community programming.

“Our new center is going to be transformative both for patients and physicians,” says Anne Riley, MD, FACC, cardiologist and president of BID–Needham’s Medical Staff. “It is a beautiful, well-thought-out space for a number of specialties, including cardiology. The growth in the outpatient clinical specialties since I started here eight years ago is a testament to the depth and breadth of quality care this hospital is able to provide the community. Now we will have the space we need in which to provide it.”
Thank you to the Outpatient Clinical Center donors with major gifts over $25,000 from fiscal year 2017 to date.

BID–Needham Outpatient Clinical Center Donors

$1.5 million+
The Trotman Family

$1 million+
Susan M. and Christoph L. Hoffmann
Barbara and Donald A. Levine

$100,000-$249,999
Anonymous
BID–Needham Outpatient Medical Staff
The Bulfinch Group Charitable Foundation and Leslie and Seth Medalie
Jim and Renee Coughlin and The Bulfinch Group Charitable Foundation
Anonymous
$50,000-$99,999
Anonymous
Deborah and Francis D. Antin Deaconess Institution for Savings Foundation
Sara A. and James W. Jakobek
$25,000-$49,999
Louise V. and Frank B. Condon
Linda and Barry Coffman
The Gainsboro Family

The cardiovascular team includes (l–r): Lisa M. Fleming, MD; Meghan York, MD; Gretchen Boucher, NP; Joseph Kannam, MD (chief); Anne B. Riley, MD; and Mark Wyers, MD.

The gastroenterology team includes (l–r): Michal Tomczak, MD; Steven Cohen, MD (chief); Jill Sullivan, BSN, RN; and Sonal Ullman, MD.

Services and Clinicians in the new Outpatient Clinical Center:

Cardiology / Vascular Surgery

The Levine Family

Department of Cardiology

To schedule an appointment, call 781-453-7750.

Specializing in a wide range of heart diseases and conditions

Our team of physicians, nurses and staff are part of the CardioVascular Institute (CVI) at BID–Needham and Beth Israel Deaconess Medical Center (BIDMC). They work collaboratively to provide you with exceptional care. Patients who require complex cardiovascular care not available at BID–Needham have seamless access to highly specialized services at the CVI at BIDMC, ranging from angioplasty and stenting to minimally invasive and open heart and vascular surgery.

Managing care in the community for:
- Aortic disease
- Arhythmias
- Cancer-related heart disease
- Coronary artery disease
- Diabetic heart disease
- Familial heart disease
- Heart failure
- Pericardial disease
- Peripheral artery disease
- Stroke
- Valve disease
- Venous disease

Your team includes:
- Cardiology:
  - Joseph Kannam, MD (Chief)
  - Gretchen Boucher, NP
  - Alfred Burton, MD
  - Lisa M. Fleming, MD
  - Ian McCormick, MD
  - Anne B. Riley, MD
  - Meghan York, MD
- Vascular Surgery:
  - Mark Wyers, MD

Endocrinology / Endocrine Surgery

To schedule an appointment with one of our endocrinologists, call 617-667-9344.

Diagnoses and treats hormone disorders and endocrine diseases including pituitary, thyroid and adrenal disorders

The endocrinologists at BID–Needham are Harvard Medical Faculty Physicians (HMFP) and on staff at BIDMC. The Endocrinology program includes the Thyroid/Parathyroid Center, recognized for its high-level of expertise in all aspects of thyroid disease (benign and malignant conditions), and for its distinguished research in thyroid nodules and thyroid cancer. For patients requiring surgical intervention, endocrine surgery is conveniently located within the endocrine program.

We specialize in:
- Thyroid and parathyroid disorders
- Pituitary and hypothalamic disorders
- Adrenal disorders
- Male sexual dysfunction
- Polycystic ovarian syndrome
- Bone and calcium abnormalities

Your team includes:

- Anna Z. Feldman, MD
- Alfred Garnilla, MD
- James V. Hennessey, MD
- Holly Kilim, MD
- Giulio Romeo, MD

Endocrine Surgery:
- Benjamin C. James, MD

Gastroenterology

The Christoph and Susan Hoffmann Center for Digestive Health

To schedule a procedure, call 781-453-7861.

A high-level of expertise in all areas of gastroenterology, the health of the digestive tract and hepatology, the health of the liver

The division is staffed by highly-trained, board-certified gastroenterologists who provide specialized care in the areas of esophageal disorders, gastrosophageal reflux disease, liver diseases, disorders of the pancreas and biliary system, motility disorders, and inflammatory bowel diseases (Crohn’s disease and ulcerative colitis). The gastroenterologists also provide clinical expertise in all aspects of diagnostic and therapeutic endoscopy and perform more than 3,200 procedures each year. For endoscopic procedures, the department is equipped with state-of-the-art technology and provides a convenient and comfortable setting for patients.

Procedures include:
- Diagnostic and therapeutic colonoscopy and gastroscopy
- Esophageal dilation
- Flexible sigmoidoscopy
- Pill Cam, which provides visualization of the entire small bowel
- Blood transfusions
- Transesophageal Echo Examinations (TEE)
- Cardioversion
- PPI/C, midline insertions

Your team includes:
- Steven B. Cohen, MD (Chief)
- Jill Sullivan, BSN, RN
- Michal Tomczak, MD
- Sonal Ullman, MD
Nephrology

To schedule an appointment, call 617-632-8880.

Specializing in kidney health, providing leading-edge diagnosis and treatment for the entire spectrum of renal disorders and diseases.

The Division of Nephrology is dedicated to improving the lives of people with kidney disease. We deliver patient-centered, state-of-the-art care. The physicians on staff are part of the HMFP Division of Nephrology at BIDMC and offer highly coordinated care for patients requiring complex care. Our team works with patients and their families to manage chronic kidney disease.

With expertise in:
- Chronic kidney disease
- Glomerulonephritis
- Kidney stones
- Hypertension
- Electrolyte disorders

Your team includes:
- Stewart Lecker, MD (Chief)
- John Danziger, MD
- Jeffrey Williams, MD
- Lisa Dumouchel, NP

Neurology

To schedule an appointment, call 781-453-7730.

Providing a wide array of evaluations and diagnoses for the nervous system.

The Division of Neurology provides world-class care to help patients with neurological disorders. Every patient receives personalized care, with access to the latest therapies and the benefit of state-of-the-art technological procedures performed at BIDMC. The neurologists at BID–Needham have been recognized for achievements in their field and are part of the leading orthopaedic team at BIDMC, and many are internationally recognized for achievements in their disciplines.

We specialize in:
- General orthopaedics and fracture care
- Sports medicine and shoulder surgery
- Musculoskeletal medicine
- Total joint replacement / reconstruction
- Hand, wrist and elbow
- Foot and ankle surgery
- Spine Center

Your team includes:
- Kathryn Grannatt, MD (Chief)
- Ayesha Abddeen, MD
- Fadi Badlissi, MD
- Aaron Block, PA
- Jacob Drewn, MD
- Mark Haffenreffer, MD
- Carl M. Harper, MD
- Jaime Jacobs, PA
- John Kwien, MD
- Alyssa LeBlanc, NP
- Joshua Mederinos, PA
- Umesh Metkar, MD
- Austin Milan, PA
- Christopher P. Miller, MD
- Stefan Mozin, MD
- Tamara Rozental, MD
- Arnold Savener, MD

Podiatry

To make an appointment, call 617-632-8428 or email PodiatryReferrals@bidmc.harvard.edu.

The podiatry program provides medical and surgical management of acute and chronic foot problems.

We specialize in:
- Ankle sprains
- Bunions and hammertoes
- Flat feet
- Foot surgery, fractures and injuries
- Neuromas
- Orthotic devices

Your team includes:
- Christopher Tetler, DPM

For a full listing of Needham podiatrists, visit bidneedham.org/podiatry.

Orthopaedics

Call 617-667-3940, or email OrthesoNeedhamAppointments@bidmc.harvard.edu to make an appointment.

Specialty surgery and advanced treatments for bone, joint and muscle conditions

With convenient access to Harvard-affiliated orthopaedic surgeons and physicians, our clinicians focus exclusively on patient care and getting patients back to full mobility. All of our surgeons are part of the leading orthopaedic team at BIDMC, and many are internationally recognized for achievements in their disciplines.

We specialize in:
- General orthopaedics and fracture care
- Sports medicine and shoulder surgery
- Musculoskeletal medicine
- Total joint replacement / reconstruction
- Hand, wrist and elbow
- Foot and ankle surgery
- Spine Center

Your team includes:
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- Tamara Rozental, MD
- Arnold Savener, MD

Surgical Specialties

To make an appointment with a general surgeon, call 781-453-7740; to make an appointment with a colorectal surgeon, call 617-667-4159.

A complete range of surgical services, including the latest minimally invasive approaches.

The surgical specialties team includes our general surgeons and colon and rectal surgery team. Surgeons, nurses and surgical staff collaborate on your care to keep you informed, comfortable and confident. Surgeries are performed in the hospital’s new Surgical Pavilion, with pre- and post-care managed in the Outpatient Clinical Center.

The latest treatments and surgeries for:
- Abscesses
- Appendicitis
- Anti-reflux
- Anorectal conditions including fissures, hemorrhoids, and pilonidal cysts
- Bowel obstruction
- Colorectal cancers
- Complex anal fistulae and anal condyloma
- Crohn’s disease
- Cysts, benign masses, lipomas
- Diverticulitis
- Gallbladder issues
- Gallstones
- Gastrointestinal cancer
- Gastrointestinal reflux disease (GERD)
- Gastrointestinal stromal tumor (GIST)
- Hernias
- Intestinal cancer
- Lap Nissen surgery
- Pelvic-floor disorders such as fecal incontinence
- Sigmoid diverticulitis
- Ulcerative colitis

Your team includes:
- General Surgery
  - Christopher G. Boyd, MD, FACS (Chair)
  - Alia Qureshi, MD, MSc
- Colorectal Surgery
  - Evangelos Messias, MD, PhD, FACS, FASCRS
  - Jeanne Quinn, RN, NP

Services continued from prior page
BID–Needham has experienced a year of growth in Fiscal Year 2018 (October 1, 2017–September 30, 2018), due to engagement of our community and the rising demand from our patient population.

**FINANCIAL OVERVIEW**
(for fiscal year ending Sept. 30, 2018)

- **Total Operating Revenue** $97,057,217
- **Total Expenses** $91,886,583
- **Net Patient Service Revenue** $93,905,142

**Other Revenue** $3,152,075

**Supplies, Fees & Expenses** $39,536,628

**Depreciation & Interest** $6,158,976

**Salaries & Fringe** $46,190,979

**INCREASING ACCESS TO WORLD-CLASS CARE**

Since opening the Lank Cancer Center and the Surgical Pavilion in 2014, patients in the community have benefitted from access to Harvard-affiliated physicians in a state-of-the-art facility not typically available in a community setting.

**SURGERIES PERFORMED**

<table>
<thead>
<tr>
<th>Year</th>
<th>Number</th>
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<td>2013</td>
<td>2,453</td>
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<tr>
<td>2014</td>
<td>2,721</td>
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<td>2015</td>
<td>3,327</td>
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<tr>
<td>2016</td>
<td>4,036</td>
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<td>2017</td>
<td>4,365</td>
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Total Surgeries FY13-18

**CANCER CENTER TREATMENTS SINCE OPENING IN 2014**

- Over 26,000 radiation treatments
- Over 16,000 chemotherapy infusions
- Over 16,000 hematology / oncology visits
- Over 12,600 specialty clinic visits

**AN ASSET TO THE COMMUNITY**

From FY12–18, the hospital spent nearly $12.8M on Needham vendors, donations to community organizations and payment in lieu of tax (PILOT) payments.

In FY18, the hospital cared for 4,045 hospitalized patients, up 7.3% from the year prior; had 183,404 outpatient visits, which included 55,157 laboratory visits, a 16.4% increase from the year prior.

The Trotman Family Glover Café served 88,121 people and supported the preparation of nearly 7,500 Traveling Meals for low-income Needham residents in FY18.

Employees volunteered or participated in 87 events with 590 volunteer hours completed in FY18.

The hospital proudly partnered with or supported more than 65 community organizations.

The BID–Needham Street Team brought together 7 board members, 31 employees and 18 students to volunteer at community events.

In FY18, salaries to Needham residents totaled $5.8M (including hospital employees and Beth Israel Deaconess HealthCare employees and physicians).

**SERVICE LINE GROWTH**

<table>
<thead>
<tr>
<th>INPATIENT VISIT DISCHARGES</th>
<th>40% Increase FY13–18</th>
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<td>2015</td>
<td>2,206</td>
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<td>2016</td>
<td>2,423</td>
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<td>2017</td>
<td>2,656</td>
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<tr>
<td>2018</td>
<td>2,832</td>
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**EMERGENCY DEPARTMENT VISITS**

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**OUTPATIENT ENCOUNTERS**

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**EXPANDING WORK FORCE**

- **65% workforce growth over 10 years**
- **747 employees**
- **193 nurses**
- **775 credentialed medical staff**

**2009–2018 CAPITAL INVESTMENTS**

- **$112 MILLION**
  - Information Systems
  - Medical / Patient Care Equipment
  - Radiology Equipment
  - Building Improvements
  - Outpatient Clinical Center
  - Emergency Department / Medical Surgical Unit
  - Cancer Center & Surgical Pavilion
  - Other Investments

**2013–2018 CAPITAL INVESTMENTS**

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Donald Levine, principal and co-founder of Equity Industrial Partners (EIP), has lived in the fast-paced world of industrial and commercial real estate for nearly 50 years. Headquartered in Needham center, EIP is one of the top owners of commercial, industrial and office space in the region, and is now led by his son and Chief Executive Officer Bruce Levine. Together, Donald and Bruce, with co-founder Lewis Heafitz have acquired, developed, and sold over 100-million-square-feet of real estate nationwide. Prior to founding EIP, Donald was President and CEO of Buy Rite Company, one of the nation’s largest insurance salvage companies. In securing facilities to house his salvage business, Donald realized his acumen to see value in the world of salvage transferred seamlessly to the commercial real estate industry. His ability to recognize and capitalize on unrealized value served as the stepping stone into a career identifying and investing in commercial real estate assets and laid the foundation for the formation and success of EIP.

A native Bostonian and a longtime Needham resident, Donald has received care at BID–Needham for more than 50 years, and offered his generous support for the past 27 years. He and his wife Barbara have played an important role in the expansion of BID–Needham, supporting the hospital’s growth through its last two major capital campaigns and now the Outpatient Clinical Center. Through the eyes of a real estate entrepreneur, Donald saw the same potential in the hospital as he did in his most successful building ventures.

“We’ve been here a long-time and have seen this place transform,” says Donald. “BID–Needham has been our hospital of choice. And it just keeps getting better and better. We feel like it’s our responsibility to help the hospital grow and be there for the next generation.”

Bruce, who sits on BID–Needham’s Board of Advisors and the Philanthropy Committee, seconds that sentiment: “Bringing world-class care to the neighborhood is good for the community, and it’s good for business. As people move farther out into the suburbs, they want to have the same level of care—and now we do.”

Donald and Barbara say they are not looking for recognition and their past gifts reflect their down-to-earth natures: giving is not about acknowledgment but rather an expression of their gratitude. Last year, Donald and Barbara decided to support the next phase of growth for BID–Needham, the new Outpatient Clinical Center, and at the same time, honor their friend and cardiologist, Dr. Joseph Kannam, and his outstanding team at the hospital. The Levine family values the access that BID–Needham affords to high-quality health care, and so they decided to make one of the largest leadership gifts to the new Outpatient Clinical Center.

This gift follows their history of honoring caregivers and supporting access to care in their community. The Levine’s first capital campaign gift to the Emergency Department was made in recognition of Dr. Earle Woodman, their beloved, long-time primary care physician, while another campaign gift to support the Cancer Center and Surgical Pavilion was donated together with their long-time business partners at EIP so that their employees, family and friends would benefit from world-class care here in Needham.

“To have Joe and his cardiology team—physicians of such a high caliber—in the community is so important for me, my family and our community,” says Donald. “You can feel how tight-knit the team is, their enthusiasm and how much they care about their patients. We wanted this gift to help sustain them and make sure they stay right here in Needham. Even more, we get to help create this terrific new building for them to practice in and see even more patients.”
Dr. Kannam says, "It has been a pleasure to get to know Donald and his family over the years. It has been an honor to be his physician and help him maintain good health. I am extremely grateful for his generosity and look forward to continue to grow our excellent cardiology team."

The cardiologists at BID–Needham are a vibrant and dynamic group of doctors who provide care for cardiac conditions including coronary artery disease, arrhythmias, valvular heart disease and congestive heart failure. They are bolstered by a tertiary care center with more complex health services at BIDMC, while patients are managed and tested in Needham.

“We have a solid foundation of continuity of care between the two institutions, with the complex procedures happening in Boston and the patients returning to Needham for the chronic disease management,” says Dr. Kannam.

For the department, the growth and demand for care in the community has brought space constraints that Dr. Kannam is eager to alleviate with the new Outpatient Clinical Center. Over the past ten years, the cardiologists have seen a 91 percent increase in cardiology clinic exams. “It has been gratifying to witness the transformation of this hospital firsthand over the past fifteen years into a very busy outpatient and inpatient facility. This new center is really just the next step in this tremendous development.”

In honor of the Levine’s gift, “The Levine Family Department of Cardiology” will be located on the second level of the new building. With its new name and up-to-date space, Dr. Kannam sees a future in which the cardiology team will have the capacity to accommodate new and expanding programs, such as vascular medicine, electrophysiology and congestive heart failure. The clinic will continue to add nurses for teaching and education of patients as well as physicians to help deliver the care. These new programs will have a direct impact on patients, says Dr. Kannam, and will continue to make an impact for years to come.

“The Levines have a special connection between family, philanthropy and community,” says Samantha Sherman, Chief of Development and External Relations at BID–Needham. “Their belief in the importance of local care and their desire to honor caregivers is inspiring—we are so grateful for their confidence in the future of BID–Needham.”

John Fogarty, President of BID–Needham, agrees, and notes that “Donald and Barbara’s commitment through the years has been unstoppable and we are fortunate to have them on our side. Their contributions have helped redefine what it means to be a ‘community hospital.’ Here at BID–Needham, that means a world-class facility that houses some of the finest clinicians in the region.”

To make an appointment with one of our cardiologists at BID–Needham, please call 781-453-7750. Learn more about the new Outpatient Clinical Center at www.bidneedham.org/occ.
All the men in my life

Over a 10-year time horizon, every man in my life has been touched in minimal to significant ways by BID–Needham.

At first, I didn’t know why it would be important to have this local, high-quality care, but then, when you need it in the moment, you realize what a pivotal role it plays in our lives.

My acquaintance with the hospital began when I was nine-months pregnant with my first child—wheeling my husband Tim down the hospital’s halls. His severe abdominal pain turned out to be a ruptured appendix, and he needed emergency appendectomy surgery.

That’s just where my story starts.

Years later, my father Marty Pompadur, was driving up to Needham from his home in Connecticut. I noticed he was not quite himself. Our next door neighbor, Dr. Erika Frank, is a primary care physician; she took a look at him and thought he was experiencing the symptoms of a stroke.

We brought him down the street to BID–Needham and they found that he had issues in his heart that required emergency bypass surgery.

This was just a very, very scary thing for all of us—you feel helpless. This is the man who has been a rock for me, who I looked up to so much. For me to know that I could bring him to a place here in Needham where I had confidence, that I felt like he would get the best possible care, and to know they connect with the best doctors at Beth Israel Deaconess Medical Center, meant the world.

He was rushed downtown to BIDMC; his heart surgeon, Dr. Kamal Khabbaz, has become a life-long friend.

Everyone we met at the medical center was incredible.

Dad is now back to life, working out and going to the gym. Then we put this experience behind us, until another regular day, I got the call no parent wants to get.

Our third child, Lane, is such an active, great kid—he is always on the go. It was the morning of the Boston Marathon in 2013. Lane had been playing a game in the house and put his arm through one of our old French glass pane doors, and in the process, severed an artery.

My daughters’ Olivia and Alana were home, and ran next door to Dr. Frank. They came back with her, while a babysitter stayed with him. Dr. Frank was able to stop the bleeding while the paramedics were on the way.

They rushed Lane to BID–Needham to stabilize him. When they determined that he could manage a helicopter flight, the paramedics took him to DeFazio field in Needham and put him on a MedFlight to Children’s Hospital in Boston. I remember getting on the phone with Dr. Frank and saying to her, “Please do anything you can to get onto that helicopter with him.”

Thankfully, having a hospital minutes from our home helped save his life. Each person played a significant role that day, from the paramedics, to the police who escorted Tim to Children’s right before the Marathon bombings, to the amazing care teams at both hospitals.

As a family, BID–Needham has become a very special place for us; we give our time and support to the hospital as a way to say thanks for being there. I’m so grateful for all that BID–Needham does in the community and the role that it plays in our lives.

-Jana Kierstead, Needham resident

To watch Jana’s story, visit bidneedham.org/gala.
NOTES OF GRATITUDE FROM PATIENTS

“I never knew eating Cherry Garcia ice cream on a hot summer day would be a time in my life that I will always remember. When I went into anaphylactic shock after an allergic reaction to Cherry Garcia, my wife and I arrived at the BID–Needham Emergency Department and I was treated with great care and concern. I felt like I was a priority. I felt like I was in the right place. And, most importantly, I felt like I was going to be okay. Although I will miss Cherry Garcia in my life, I am absolutely grateful for the nurses and the physicians who treated me with great respect and a sense of urgency. They treated me like a neighbor who needed help. I’m grateful to have a facility like BID–Needham just down the street in our local community. I’m grateful for the medical staff. I’m grateful for the community who supports the hospital. And, I’m grateful that I’m here today to share my story. Thank you BID–Needham for saving my life.”
— Lawrence P. Ward, Ed.D., Grateful Patient

“The hospital helped me see the parents of my partner, Bob Dunn, through their respective life challenges, with medical care and social work, which is so critical with Needham’s aging population. My brother-in-law was diagnosed at BID–Needham with lung cancer and was airlifted to the main campus. They saved his life and allowed him to continue his journey for several more years.”
— Seana Gaherin, Grateful Family Member

“BID–Needham saved our baby girl. I will always remember that day and how thankful I was that we have a local hospital less than a mile from our house. My husband was home with our infant daughter and I had taken our son to the library. I got the call that he was rushing her to the Emergency Department because she had stopped breathing when he was holding her in his arms. She is alive today because of how quickly my husband was able to get her to the hospital and because of the amazing doctors and nurses that helped her that day at BID–Needham! We are forever grateful.”
— Ellie, Grateful Mother

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7. Gala Committee members Kerry and Aaron Leiberman
8. Ted Stone with Rebecca Stone, MD
9. BID–Needham Board of Advisors’ member Lisa Bell with her husband Rob
10. Jonathan and Yuliya Scharf
11. Gala Committee members Krista and Stephen Vanourny, chair of the Board of Trustees

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**Save the date**  
**10.26.19**

The 21st Annual Gala will be held Saturday, October 26, 2019, from 6 pm to midnight at the Westin Copley Place in Boston. Visit bidneedham.org/gala to register to secure your spot.
Women’s Networking

1 Over 50 women gathered at The Kendrick in Needham to learn about women’s health from Orthopedist Kathryn Grannatt, MD; Primary Care Physician Beth Manning, MD; Ear, Nose, and Throat specialist Rebecca Stone, MD; Gastroenterologist Sonal Ullman, MD and Cardiologist Meghan York, MD.

Holiday Card Making

2 Local children gathered to create holiday cards this past winter that were distributed to patients.

New Board Members

3 Chair of the Board of Trustees’ Stephen Vanourny with new trustee Denise DeAmore and President John Fogarty

4 New advisors Lawrence P. Ward, Ed.D.; Jeffrey Magram; Meghan York, MD; President John Fogarty; Chair of the Board of Advisors’ Seana Gaherin; Stacy Madison and Eric Morse

Needham Street Fair

5 BID–Needham Street Team Members Casey Rolfs and Alana Kierstead represent the hospital at the Needham Street Fair.

Employee of the Year

6 Needham resident Eiblis Goldings (middle), administrative assistant, was recognized for her extraordinary commitment to the hospital and its mission. CFO Nancy Hoffmann (left) and President John Fogarty (right) presented the award at the Annual Employee Recognition Event this past January.

Needham Night

7 The Newton Needham Regional Chamber recognized BID–Needham with the Needham Business of the Year Award. On hand to present the award were State Senator Michael Rush, State Senator Becca Rausch, John Fogarty and Needham Select Board Chair Dan Matthews.

Hardhat Tours

8 BID–Needham President John Fogarty gives Beth Israel Lahey Health President and CEO Kevin Tabb, MD, a tour of the new Outpatient Clinical Center.
Notes from Needham
Enhancing the hospital’s reach into the community

New PCP Practice Opens Doors in Wellesley

Wellesley is the home to the new Beth Israel Deaconess HealthCare primary care office. Doors officially opened on March 1, and the practice is accepting new patients. With five physicians on staff, each shares a commitment to developing relationships with their patients based on trust and communication.

“As your primary care physicians, you can rely on us to be the center of your care—think of us as the quarterback of your health team,” says BIDHC-Wellesley medical director Elisabeth Brewer, MD. “It starts by listening to patients and starting a dialogue about your life—your goals, your family and what you value.”

The physicians at BIDHC-Wellesley facilitate coordination with specialists on staff at BID–Needham to provide the best, most comprehensive treatment for patients.

Please call 781-431-1200 for same day and next day appointments. The practice is located at 372 Washington Street, Wellesley; for more information, visit bidmc.org/pcpwellesley.

Events

“Strong Community, Nurturing Parents, Healthy Kids”
BID–Needham-sponsored Middle School Parent Conference
Sunday, May 5, 9 am–12pm
Pollard Middle School, Needham
Visit bidneedham.org/events for more information.

“Deer Ticks: One Bite Can Change Your Life” Educational Workshop
Thursday, May 9, 7–9 pm
Charles River School, Dover
Visit bidneedham.org/events for more information.

“Living with Alzheimer’s and Other Dementias”
Monday, June 3, 6:30 pm
BID-Needham Outpatient Clinical Center
Email Alyssa Kence at akence@bidneedham.org to register or for more information.

Needham, Dedham, Wellesley Relay for Life
Saturday, May 18, 4–10 pm
Newman Elementary School, Needham
Email events@bidneedham.org to join the BID–Needham Relay Team.

Great Bear Run
Sunday, May 19, 10:30–3 pm
Pollard Middle School, Needham
Email events@bidneedham.org to volunteer.

Needham 4th of July Road Race and Parade
Thursday, July 4, 8–11:30 am
Email events@bidneedham.org to ride on the BID–Needham parade float or for more information.

“An Inside Look at the Medical Profession” Summer Camp for Rising 6th-9th Graders
Monday, July 22–Friday, July 26, 9 am–12 pm
BID-Needham Outpatient Clinical Center
Register at needham.k12.ma.us/community_ed/n_e_-_summer_explorations.

Falmouth Road Race
Sunday, August 18, 9 am
Join our Falmouth Road Race team in this family-friendly 7-mile race. Visit bidneedham.org/run to learn more.

Create a Legacy
Through a Planned Gift

Charitable gifts help you meet your current philanthropic goals and extend your generosity well into the future. But did you know that a planned gift can also protect your assets, provide for your family, and guarantee you income for life? You can even make a significant impact through a gift that costs nothing in your lifetime (through a charitable bequest under your will).

Learn more at the new planned giving website at https://bidneedham.giftplans.org, call (781) 453-3007 or email plannedgiving@bidneedham.org.